

## *Nursing Science Scholar Forum*

### **Healing Touch**

Healing Touch is a relaxing, nurturing energy therapy that uses gentle touch to assist in balancing physical, mental, emotional, and spiritual well-being. Healing Touch is safe for all ages and works in harmony with traditional medical care. This forum provides basic information on the human energy system, it's relevance to patient care, and an opportunity for experiential learning.



Cecilia Kasperick, MSN, RN, CPBN  
breast cancer patient navigator  
UC San Diego Moores Cancer Center

**Cecilia Kasperick RN, MSN, CPBN** has been working with UC San Diego Health System since 2009. She received her master's degree in Clinical

Nurse Leadership Education from the University of San Diego and has worked in inpatient critical care and outpatient oncology. Cecilia is a Certified Healing Touch Practitioner and Level One Healing Touch Instructor. She is a member of the UCSD Holistic Integrative Nursing Committee, Healing Beyond Borders, American Holistic Nursing Association and the Oncology Nurse Society.

**Wednesday,  
October 19, 2016**

**4:30 – 6:00 pm**

**Sprague Hall**

**Free Admission**

**1.5 CEUs offered**

For questions,  
please contact:

**Miriam Bender, PhD RN**  
Assistant Professor  
Program in Nursing Science  
miriamb@uci.edu